

Title of the Event: Aerobics Classes

Organized by: IQAC in collaboration with Physical Education Dept

Date: 18th to 29th May, 2020

Number of participants: 53+

IQAC with collaboration with the Physical Education Department organized online Aerobics classes under supervision of the coach Ms. Harshita Gupta from 18 to 29 of May 2020, from 11 am to 12 noon. In this a total of 53 students and staff participated and improved their health through aerobics.

